

# ClubRunner

Help Articles > Club Help > Club - Members' Guide > Communication > How do I stop communications/emails from my club?

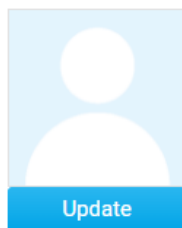
## How do I stop communications/emails from my club?

Michael C. - 2021-12-08 - Communication

If a member wants to stop some or all communications from the Club please follow the steps below.

1. To start, you must go to your club homepage and login. Then, click on **Member Area** on the top right.
2. Along the top of the screen you will see several tabs. Click on the **My ClubRunner** tab.
3. Next, click on the **My Profile** link under My ClubRunner.
4. You are now on your Member Profile screen, click on the **Privacy** tab.

### Member Profile



**John Valentine**  
[Printable Version](#)

Personal Rotary Biography Commitments Settings **Privacy**

5. This will take you to the privacy section of your profile. From here you can see what your communication preferences are. If there is a green check mark beside an item that means that you will receive communications for that type. If there is a red x beside an item you will not receive any communications of that type. Click **Edit** to be able to change these settings.

Personal Rotary Biography Commitments Settings Privacy



#### Communication Preferences

Club Emails

Club Bulletin

District Emails

District Bulletin

Zone Emails

Zone Bulletin

Inter Club Email

Register Guest Confirmation Email

ClubRunner Connect

ClubRunner Service Updates

ClubRunner Product Announcements/News

6. If you do not want to receive any communication from a certain type, uncheck the box. If you do want to receive the communication, put a check in the box. Once done click on **Save**.

Personal Rotary Biography Commitments Settings Privacy

Cancel Save

Fields marked in red are required.

Communication Preferences

Club Emails	<input type="checkbox"/>	ClubRunner Connect	<input checked="" type="checkbox"/>
Club Bulletin	<input type="checkbox"/>	ClubRunner Service Updates	<input type="checkbox"/>
District Emails	<input type="checkbox"/>	ClubRunner Product Announcements/News	<input checked="" type="checkbox"/>
District Bulletin	<input type="checkbox"/>		
Zone Emails	<input type="checkbox"/>		
Zone Bulletin	<input type="checkbox"/>		
Inter Club Email	<input type="checkbox"/>		
Register Guest Confirmation Email	<input type="checkbox"/>		

## Related Content

- [How do I access and change my profile information?](#)